

#801 Cinnamon Walnut Coffee Cake." Here are the details extracted from the label:

Nutrition Facts

- **Serving Size:** 1/14 cake (57g)
- **Servings Per Container:** 14

Amount Per Serving

- **Calories:** 280
- **Calories from Fat:** 140
- *% Daily Value:**
 - **Total Fat:** 15g (24%)
 - **Saturated Fat:** 4.5g (23%)
 - **Trans Fat:** 0g
 - **Cholesterol:** 40mg (14%)
 - **Sodium:** 280mg (12%)
 - **Total Carbohydrate:** 32g (11%)
 - **Dietary Fiber:** less than 1g (3%)
 - **Sugars:** 22g
 - **Protein:** 3g
 - **Vitamin A:** 4%
 - **Vitamin C:** 0%
 - **Calcium:** 8%
 - **Iron:** 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients

- Sugar
- Sour Cream (Cultured Pasteurized Milk, Cream, Nonfat Milk, and Rennet)
- Enriched Bleached Wheat Flour (Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid)
- Eggs
- Soybean Oil
- Walnuts
- Palm Oil
- Leavening (Monocalcium Phosphate, Sodium Bicarbonate, Sodium Acid Pyrophosphate, Cornstarch)
- Modified Food Starch
- Propylene Glycol Mono-and Diesters of Fat and Fatty Acids (Emulsifier)
- Vanilla Extract
- Cinnamon
- Dextrose

- Egg Whites
- Mono-and Diglycerides (Emulsifier)
- Salt
- Natural Flavors
- Sodium Stearoyl Lactylate (Emulsifier)
- Tetrasodium Pyrophosphate
- Disodium Phosphate
- Xanthan Gum
- Calcium Sulphate
- Gum Arabic
- Soy Lecithin
- Cellulose Gum
- Extractives of Turmeric (for color)

Additional Information

- **Product of USA**
- **Distributed By:** Hale Groves, Vero Beach, FL 32960
- **Phone:** 1-800-990-8884

Allergen Information

- **Contains:** Eggs, Milk, Soy, Wheat, Walnuts.
- **Made in a facility that uses tree nuts.**

Honeybell Orange Zest Cake

Nutrition Facts

- **Serving Size:** 24 oz (68g)

Servings Per Container: 10

Amount per serving:

- **Calories:** 250
- **Calories from Fat:** 130

% Daily Value*:

- **Total Fat:** 15g (23%)
 - **Saturated Fat:** 3g (15%)
 - **Trans Fat:** 0g
- **Cholesterol:** 45mg (15%)
- **Sodium:** 220mg (9%)
- **Total Carbohydrate:** 27g (9%)
 - **Dietary Fiber:** less than 1g (3%)
 - **Sugars:** 16g
- **Protein:** 3g

Vitamins and Minerals:

- **Vitamin A:** 2%
- **Vitamin C:** 0%
- **Calcium:** 2%
- **Iron:** 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

- **Total Fat:** Less than 65g
 - **Sat Fat:** Less than 20g
- **Cholesterol:** Less than 300mg
- **Sodium:** Less than 2,400mg
- **Total Carbohydrate:** 300g
 - **Dietary Fiber:** 25g

Calories per gram:

- **Fat:** 9
- **Carbohydrate:** 4
- **Protein:** 4

Ingredients:

- Sugar
- Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)
- Whole Eggs
- Soybean Oil
- Water
- Orange Juice
- Orange Zest
- Modified Food Starch
- Dry Whey
- Milk
- Leavening (Baking Soda, Sodium Aluminum Phosphate, Aluminum Sulfate)
- Vital Wheat Gluten
- Salt
- Mono and Diglycerides
- Dextrose
- Corn Syrup Solids
- Corn Starch
- Wheat Starch
- Xanthan Gum
- Natural Honeybell Tangelo Flavors
- Citric Acid
- Potassium Sorbate (as a Mold Inhibitor)
- Yellow #5
- Red #40

Allergy Information:

- **Contains:** Egg, Milk, Soy, Wheat
- **May contain peanuts and/or trace amounts of allergens not listed in the ingredients.**

Additional Information:

- **Ready to Serve:** May be stored 8 weeks in the refrigerator, 6 months in the freezer.

Fresh Lemon Bundt Cake.

Nutrition Facts

- **Serving Size:** 1/9 cake (76g/2.7oz)
- **Calories:** 290
 - **Calories from Fat:** 110
- **Servings Per Container:** 9

Amount Per Serving:

- **Total Fat:** 12g (19% Daily Value)
 - **Saturated Fat:** 2g (11% DV)
 - **Trans Fat:** 0g
- **Cholesterol:** 45mg (16% DV)
- **Sodium:** 190mg (8% DV)
- **Total Carbohydrate:** 42g (14% DV)
 - **Dietary Fiber:** 0g (0% DV)
 - **Sugars:** 28g
- **Protein:** 3g

Vitamins and Minerals:

- **Vitamin A:** 0%
- **Vitamin C:** 0%
- **Calcium:** 6%
- **Iron:** 6%

Ingredients:

Cake:

- Sugar
- Bleached Enriched Flour (Bleached Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)
- Whole Eggs
- Soybean Oil (with Silicon Added, Antioxidant, and Citric Acid)
- Water
- Modified Corn Starch
- Whey
- Mono and Diglycerides
- Baking Powder (A Leavening Agent, Baking Soda, Sodium Aluminum Phosphate)
- Vital Wheat Gluten
- Salt
- Sodium Stearoyl Lactylate
- Sorbitan Monostearate

- Nonfat Milk
- Calcium Acetate
- Lemon Powder (Corn Syrup Solids, Lemon Juice Solids, Lemon Oil)
- Invert Sugar
- Natural and Artificial Flavor
- Guar Gum
- Xanthan Gum
- Corn Starch
- Polysorbate 60
- Hydrogenated Soybean Oil
- Yeast

Lemon Syrup:

- Sugar
- Corn Syrup
- Water
- Natural Lemon Juice
- Lemon Flavor (Corn Syrup Solids, Lemon Juice Solids, Lemon Oil)

Lemon Glaze Icing:

- Sugar (Maltodextrin)
- Water
- Sugar
- Natural Lemon Juice
- Corn Syrup
- Stabilizer (Calcium Carbonate, Sodium, Calcium Sulfate, Vegetable Gums [Agar, Locust Bean], Dextrose, Citric Acid, Phosphate)
- Fresh Lemon Peel
- Artificial Flavor

Allergens:

- **Contains:** Wheat, Eggs, Milk, Soy

Pumpkin Cake:

Nutrition Facts

- **Serving Size:** 1/14 cake (57g)
- **Calories:** 220
- **Servings Per Container:** 14

Amount Per Serving:

- **Total Fat:** 10g (13% Daily Value)
 - **Saturated Fat:** 4g (20% DV)
 - **Trans Fat:** 0g
- **Cholesterol:** 40mg (13% DV)
- **Sodium:** 260mg (11% DV)
- **Total Carbohydrate:** 31g (11% DV)
 - **Dietary Fiber:** <1g (3% DV)
 - **Total Sugars:** 20g
 - **Includes 19g Added Sugars:** (38% DV)
- **Protein:** 2g

Vitamins and Minerals:

- **Vitamin D:** 0.1mcg (0% DV)
- **Calcium:** 80mg (6% DV)
- **Iron:** 0.8mg (4% DV)
- **Potassium:** 50mg (2% DV)

Ingredients:

- Sugar
- Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid)
- Sour Cream (Cultured Milk, Cream, Nonfat Milk, Enzyme)
- Eggs
- Pumpkin Puree
- Soybean Oil
- Modified Food Starch
- Vanilla Extract
- Propylene Glycol Mono and Di-esters of Fat and Fatty Acids (Emulsifier)
- Spices
- Dextrose
- Egg Whites
- Mono and Di-glycerides (Emulsifier)
- Salt
- Natural Flavors
- Sodium Stearoyl Lactylate (Emulsifier)
- Tetrasodium Pyrophosphate
- Disodium Phosphate
- Xanthan Gum
- Calcium Sulfate

- Gum Arabic
- Soy Lecithin (Emulsifier)
- Cellulose Gum
- Turmeric Extracts (for added color)

Allergens:

- **Contains:** Wheat, Eggs, Soy (Oil, Lecithin), Milk
- **Manufactured in a facility that uses tree nuts.**

2lb Grandma's Fruit & Nut Cake:

Product Information

Name: Grandma's Fruit & Nut Cake

Weight: 2 lb

Serving Size: 4 oz or 1/8 cake (113g) and 1 oz

Shelf Life

- Guaranteed for 6 months shelf life if stored at ambient room temperature from the date of invoice.
- If stored at 40°F (refrigeration), shelf life extends but the guarantee remains for 6 months.

Ingredient Statement

- **Fruit and Nuts:** Raisins, Glace Pineapples (pineapple, corn syrup, high fructose corn syrup, water, citric acid, natural and artificial flavor, potassium sorbate and sodium benzoate [preservatives], oleoresin turmeric [color], and sulfur dioxide [preservative]), Red Glace Cherries (cherries, corn syrup, high fructose corn syrup, water, citric acid, natural and artificial flavor, potassium sorbate [preservative], sodium benzoate [preservative]), Red 40, sulfur dioxide [preservative]), Walnuts, Pecans.
- **Other Ingredients:** Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Egg Blend (whole egg, egg yolk, corn syrup solids, salt, cellulose gum), Sugar, Butter (cream [milk], salt), Shortening (palm oil, vegetable mono & diglycerides, polysorbate 60 and/or partially hydrogenated soybean & cottonseed oil, vegetable mono & diglycerides, TBHQ added to protect flavor), Brandy, Bourbon, Rum, Almonds, Salt, Natural & Artificial Vanilla Flavor.

Allergen Statement

- **Contains:** Almonds, Egg, Milk, Pecans, Walnuts, Wheat

Nutritional Information (per serving) Serving Size: 1/8 cake or 4 oz (113g) / 1 oz

- **Calories:** 450 / 110
- **Calories from Fat:** 150 / 35
- **Total Fat:** 17g (26% DV) / 3g (6% DV)
 - **Saturated Fat:** 4.5g (23% DV) / 1g (5% DV)
 - **Trans Fat:** 0g
- **Cholesterol:** 55mg (18% DV) / 5mg (5% DV)
- **Sodium:** 240mg (10% DV) / 60mg (3% DV)
- **Total Carbohydrates:** 67g (22% DV) / 16g (5% DV)
 - **Dietary Fiber:** 3g (12% DV) / 1g (4% DV)
 - **Sugars:** 41g / 10g
- **Protein:** 5g / 1g
- **Vitamin A:** 4% DV / 0% DV
- **Vitamin C:** 0% DV / 0% DV
- **Calcium:** 4% DV / 2% DV
- **Iron:** 10% DV / 2% DV

- **Trans Fat:** Zero

3lb Grandma's Fruit & Nut Cake:

Product Information

Name: Grandma's Fruit & Nut Cake

Weight: 3 lb

Serving Size: 4.8 oz or 1/10 cake (136g) and 1 oz

Shelf Life

- Guaranteed for 6 months shelf life if stored at ambient room temperature from the date of invoice.
- If stored at 40°F (refrigeration), shelf life extends but the guarantee remains for 6 months.

Ingredient Statement

- **Fruit and Nuts:** Raisins, Glace Pineapples (pineapple, corn syrup, high fructose corn syrup, water, citric acid, natural and artificial flavor, potassium sorbate and sodium benzoate [preservatives], oleoresin turmeric [color], and sulfur dioxide [preservative]), Red Glace Cherries (cherries, corn syrup, high fructose corn syrup, water, citric acid, natural and artificial flavor, potassium sorbate [preservative], sodium benzoate [preservative], Red 40, sulfur dioxide [preservative]), Walnuts, Pecans.
- **Other Ingredients:** Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Egg Blend (whole egg, egg yolk, corn syrup solids, salt, cellulose gum), Sugar, Butter (cream [milk], salt), Shortening (palm oil, vegetable mono & diglycerides, polysorbate 60 and/or partially hydrogenated soybean & cottonseed oil, vegetable mono & diglycerides, TBHQ added to protect flavor), Brandy, Bourbon, Rum, Almonds, Salt, Natural & Artificial Vanilla Flavor.

Allergen Statement

- **Contains:** Almonds, Egg, Milk, Pecans, Walnuts, Wheat

Nutritional Information (per serving) Serving Size: 1/10 cake or 4.8 oz (136g) / 1 oz

- **Calories:** 540 / 110
- **Calories from Fat:** 180 / 35
- **Total Fat:** 20g (31% DV) / 3g (6% DV)
 - **Saturated Fat:** 5g (25% DV) / 1g (5% DV)
 - **Trans Fat:** 0g
- **Cholesterol:** 55mg (22% DV) / 5mg (5% DV)
- **Sodium:** 280mg (12% DV) / 60mg (3% DV)
- **Total Carbohydrates:** 80g (27% DV) / 16g (5% DV)
 - **Dietary Fiber:** 5g (12% DV) / 1g (4% DV)
 - **Sugars:** 49g / 10g
- **Protein:** 5g / 1g
- **Vitamin A:** 4% DV / 0% DV
- **Vitamin C:** 0% DV / 0% DV
- **Calcium:** 6% DV / 2% DV
- **Iron:** 10% DV / 2% DV

- **Trans Fat:** Zero

5lb Grandma's Fruit & Nut Cake:

Product Information

Name: Grandma's Fruit & Nut Cake

Weight: 5 lb

Serving Size: 4.4 oz or 1/18 cake (126g) and 1 oz

Shelf Life

- Guaranteed for 6 months shelf life if stored at ambient room temperature from the date of invoice.
- If stored at 40°F (refrigeration), shelf life extends but the guarantee remains for 6 months.

Ingredient Statement

- **Fruit and Nuts:** Raisins, Glace Pineapples (pineapple, corn syrup, high fructose corn syrup, water, citric acid, natural and artificial flavor, potassium sorbate and sodium benzoate [preservatives], oleoresin turmeric [color], and sulfur dioxide [preservative]), Red Glace Cherries (cherries, corn syrup, high fructose corn syrup, water, citric acid, natural and artificial flavor, potassium sorbate [preservative], sodium benzoate [preservative], Red 40, sulfur dioxide [preservative]), Walnuts, Pecans.
- **Other Ingredients:** Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Egg Blend (whole egg, egg yolk, corn syrup solids, salt, cellulose gum), Sugar, Butter (cream [milk], salt), Shortening (palm oil, vegetable mono & diglycerides, polysorbate 60 and/or partially hydrogenated soybean & cottonseed oil, vegetable mono & diglycerides, TBHQ added to protect flavor), Brandy, Bourbon, Rum, Almonds, Salt, Natural & Artificial Vanilla Flavor.

Allergen Statement

- **Contains:** Almonds, Egg, Milk, Pecans, Walnuts, Wheat

Nutritional Information (per serving) Serving Size: 1/18 cake or 4.4 oz (126g) / 1 oz

- **Calories:** 500 / 110
- **Calories from Fat:** 170 / 35
- **Total Fat:** 19g (29% DV) / 5g (6% DV)
 - **Saturated Fat:** 5g (25% DV) / 1g (5% DV)
 - **Trans Fat:** 0g
- **Cholesterol:** 60mg (20% DV) / 5mg (5% DV)
- **Sodium:** 260mg (11% DV) / 65mg (3% DV)
- **Total Carbohydrates:** 74g (25% DV) / 18g (6% DV)
 - **Dietary Fiber:** 3g (12% DV) / 1g (4% DV)
 - **Sugars:** 45g / 11g
- **Protein:** 5g / 1g
- **Vitamin A:** 4% DV / 0% DV
- **Vitamin C:** 0% DV / 0% DV
- **Calcium:** 4% DV / 2% DV
- **Iron:** 10% DV / 2% DV

- **Trans Fat:** Zero